



## British Duathlon Championships 2008 Youth, Junior & Elite Senior

Parc Bryn Bach, Tredegar  
 Saturday 19<sup>th</sup> April 2008

**Race distances**

(All ages as at 31<sup>st</sup> December 2008)

Youth's (Age 15-16) 1.25km Run, 10km Cycle, 2.5km Run [ ]

Juniors (Age 17-19) 2.5km Run, 20km Cycle, 5km Run [ ]

Seniors (Age 20+) 10km Run, 40km Cycle, 5km Run [ ]

*Seniors must be able to complete the first 10km in 38mins(men) 43mins (women), please provide proof of recent performances*

You must be a current Home Nation's member to compete.

Name .....

Address .....

.....Post Code .....

Telephone .....

Email .....

Home Nations Membership number .....

DOB ...../...../..... Age..... Gender : Male / Female

Club .....

**DISCLAIMER.** Parents signature required for under 18.

Unsigned entry forms cannot be accepted & will be returned. I declare that I am of good health & fit to compete in a duathlon & do so at my own risk. I will abide by the rules of British Triathlon and agree to their terms & conditions. I will cycle with care & attention & abide by the normal rules of the road. I accept that the organisers & their friends & associates are not liable for any loss, damage, claim, injury (including fatal) or expense that may arise in consequence of my participation in any of the above events.

British Triathlon reserves the right to refuse entry.

Name ..... Signature (guardian if under 18) .....

Entry Fee: £30 cheques payable to British Triathlon

Please return to: Mhairi Billington, British Triathlon, PO Box 25, Loughborough, LE11 3WX  
 01509 226161, [info@britishtriathlon.org](mailto:info@britishtriathlon.org)

For up to date event information please go to [www.britishtriathlon.org](http://www.britishtriathlon.org)

Online entry will be available from 1<sup>st</sup> March 2008.

Closing date for entries – 11<sup>th</sup> April 2008